Every five years, the Kentucky Council on Developmental Disabilities (KCDD) is required by the United States Administration on Developmental Disabilities to create a five-year state plan focused on how it will use its resources to support systems change, capacity building and advocacy that results in people with developmental disabilities becoming more independent, economically self-sufficient, integrated and included in the community, and self-determined in their lives.

Based on the work of the KCDD members, we have developed a draft State Plan for 2012-2016.

The public has four options for providing the KCDD members with comments about the Draft plan:

- You may participate in an online survey at: https://www.surveymonkey.com/s/KCDDStatePlan2012-2016
- By e-mailing comments to <u>adam.jones@ky.gov</u> or by using our Facebook page <u>http://www.facebook.com/pages/Ky-Council-on-Developmental-</u> <u>Disabilities/152074961517728</u>
- 3. By mailing your comments to:

KY Council on Developmental Disabilities 100 Fair Oaks Lane, 4E-F Frankfort, KY 40601

 Participate in a Conference call that will take place on Tuesday June 28, 2011 at 1:00pm EST. To access the conference call please dial: 866/ 889- 3903and enter the passcode: 186576#

(If you comment on a specific objective, please note which objective you are addressing.)

The draft of the State Plan will be available for public comment until July 1, 2011.

Kentucky Council on Developmental Disabilities 5-Year State Plan 2012-2016



Kentucky Council on Developmental Disabilities

Mission:

"To create systemic change that empowers individuals to achieve full citizenship and inclusion in the community through education, capacity building initiatives and strategic advocacy."

Vision:

"Communities that fully engage, support, and provide equal opportunity for each individual to pursue the American dream as a fully integrated, valued and contributing citizen."

Health

Target 1:

By 2016, 300 People with Developmental Disabilities will receive medical equipment such as eye glasses, hearing aids', wheel chairs, walkers, etc. in a timely fashion (no more than 90 days) to enhance maintain and prevent loss of function, as evidenced in a quality assurance survey.

Target 2:

By 2016, 500 People with Developmental Disabilities will demonstrate an improvement in their personal health by accomplishing one of the following:

- 1. Smoking Cessation
- Weight Loss
- Healthy eating practice
- 4. Increase in physical activity

Target 3:

By 2016, 500 health care providers, who are not doctors, will demonstrate an increase in their ability to effectively serve Individuals with Developmental Disabilities.

Employment

Target 1:

By 2016, 200 Students with Developmental Disabilities will receive inclusive work experience in school commensurate with each individual's choice and abilities that lead directly to meaningful employment or post secondary education.

Target 2:

By 2016, 200 employers will become better informed about the benefits of employing Individuals with Developmental Disabilities.

Target 3:

By 2016, 1000 People with Developmental Disabilities will have access to resources to make informed decisions regarding their individual employment options and needs.

Education

Target 1:

By 2016, 200 Students with Developmental Disabilities will demonstrate an increase in inclusive activities as a result of increased parental and student involvement as measured by accomplishment of one or more of the following:

Parent:

- Increased involvement in school promoting inclusive opportunities (e.g. Parent Student Teacher Organization, Site Based Decision Making Council).
- 2. Successfully assisting others in incorporating inclusive practices.
- 3. Collaborating with teachers and school administrators on inclusive education practices. (E.g. joint- in services).
- 4. Advocating to receive academically-focused inclusive education for their children.

Student:

- An increase in friendships, both in school and extra-curricular activities.
- Increase in participation in school social activities (e.g. peer buddies, natural supports).
- 3. Increase in inclusive, academically engaged class time with peers.

QUALITY ASSURANCE

Target 1:

By 2013, 50 People with Developmental Disabilities who reside with aging caregivers will receive self-identified alternative supports.

Target 2:

By 2016, the Autism Spectrum Disorder Plan will have been successfully monitored and implemented.

Target 3:

By 2013, 2000 Individuals with Developmental Disabilities, agencies who support People with Developmental Disabilities and 'First Responders' will demonstrate an increased knowledge regarding emergency management concerning individuals with developmental disabilities through technical assistance, informing policy makers, promoting citizen participation and support in educating communities.

Target 4:

By 2013, the Council will successfully impact legislation/administrative regulations by informing policy makers of promising practices approaches to barrier elimination, system redesign and new approaches to services and support as it related to Individuals with Developmental Disabilities.

Target 5:

By 2013, utilizing staff and administrative support, the Council and its committees, and work teams will successfully promote systems change, advocacy and capacity building by adhering to the Council's mission and accomplish 20 of the Council's targets.

Target 6:

By 2013, 5000 People with Developmental Disabilities, family members, policy makers and interested citizens will gain increased awareness of and about developmental disabilities and related topics by attending informational and/or educational events that support advocacy, capacity building and systems change sponsored/co-sponsored by the Council.

Target 7:

By 2013, The Council will support conferences through a sponsorship fund on topics related to advocacy, capacity building and systems change.

FORMAL / INFORMAL COMMUNITY SUPPORTS

Target 1:

By 2016, Kentucky Self-Advocates for Freedom will be a self-supporting, self-advocacy organization.

Target 2:

By 2013, 100 students from the state of Kentucky with Developmental Disabilities will be placed in the Best Buddies program and will receive mentoring services from individuals approved by Best Buddies.

Target 3:

By 2013, the Council will invest in strengthening SPEAK (Support Providing Employees Assistance Program) and support endeavors to become a self-supporting state-wide organization.

CROSS CUTTING

Target 1:

By 2013, 6000 People with Developmental Disabilities, family members, policy makers and interested citizens will receive public awareness materials from the Council on topics related support advocacy, capacity building and systems change for individuals with developmental disabilities and their support network and the work of the Council.

